

IN PERSON MEETINGS

SUNDAY

10:00 am Verona Breakfast Group

O • D

Lanes Cafe 4946 Hwy 38, Harrowsmith

10:00 am Storrington Sunday Group

O • D

Storrington Lion's Club, 2992 Princess Rd, Inverary (corner at Battersea Rd)

10:30 am Sunday Morning Group

C • D

The Spire (William St. entrance)
82 Sydenham St., Kingston

7:00 pm West End Group

O • D • W

Crossroads United Church, 690
Sir John A. Macdonald Blvd., Kingston

MONDAY

9:30 am Good Morning Group

O • D • DR

St. Paul's Anglican Church
137 Queen St., Kingston, (Basement)

5:15 pm As Bill Sees It

C • D • W

St. James Anglican Church
10 Union St. (at Barrie), Kingston

7:00 pm The Fireside

C • D

Bayridge Alliance Church
825 Gardiners Rd. Kingston

7:00 pm Odessa Group

O • D

Emmanuel United Church
63 Factory St., Odessa

7:30 pm Get Well Group

C • D • BB • W

St. Mark's Lutheran Church
263 Victoria St., Kingston

TUESDAY

9:30 am Good Morning Group

O • D

St. Paul's Anglican Church
137 Queen St., Kingston, (Basement)

7:00 pm Tuesday Night Tune-Up

C • D

Harrowsmith Free Methodist Church
3876 Harrowsmith Rd., Harrowsmith

7:00 pm Design for Living

C • D • BB • W

Chalmers United Church
211 Barrie St., Kingston
(Main entrance off Clergy St.,
Earl St. entrance is wheelchair accessible)

7:00 pm Frontenac Group

O • S • W

The Spire, 82 Sydenham St.,
Kingston (William St. Entrance)

WEDNESDAY

9:30 am Second Chance Group

O • D • BB

St. Paul's Anglican Church
137 Queen St., Kingston, (Basement Entrance)

12:00 The Nooner Group

C • D

St. Paul's Anglican Church
137 Queen St., Kingston, (Basement Entrance)

6:30 pm Twelve Step Group for Women

O • D

Crossroads United Church
690 Sir John A. Macdonald Blvd., Kingston

7:00 pm Last Call Group

C • D • DR • W

Bethel Church
314 Johnson St. (near Barrie), Kingston

7:30 pm Enterprise 12 & 12

C • D

664 Church Rd Enterprise

7:30 pm West End Annex Meeting

C • D • W

Edith Rankin United Church
4080 Bath Rd., Kingston (Enter at back of church)

THURSDAY

9:30 am Good Morning Group

O • D • BB

St. Paul's Anglican Church
137 Queen St., Kingston, (Basement Entrance)

5:15 pm Emotional Sobriety

C • D • SF

Crossroads Church
690 Sir John A. MacDonald Blvd, Kingston

7:00 pm Thursday Night Big Book

C • D • W • SF • BB

Kingston Standard Church
1185 Sunnyside Rd., Kingston

7:00 pm 1000 Islands Back to Basics

C • D • BB

St. Andrew's Presbyterian Church
175 Stone St. S., Gananoque
O • S - Last Thurs. of the month

7:00 pm Amherstview Loyalty Group

C • D • W

St. Peter's Anglican Church
4333 Bath Rd., Amherstview

FRIDAY

9:30 am Friday Morning Meeting

O • D

St. Paul's Anglican Church
137 Queen St., Kingston, (Basement Entrance)

10:00 am Fourth Dimension Men's Meeting

C • D • BB

St. Andrew's-by-the-Lake Church
1 Redden St., Kingston

7:30 pm New Life Group

C • D

St. Andrew's-by-the-Lake Church
1 Redden St., Kingston

8:00 pm Kingston Young People

O • S • W • H • SF

The Spire, 82 Sydenham St., Kingston
(William Street Entrance)

SATURDAY

9:30 am Good Morning Group

O • D

St. Paul's Anglican Church
137 Queen St., Kingston, (Basement Entrance)

10:30 am Step Stop Group

C • D • W • H

Kingston Standard Church
1185 Sunnyside Rd., Kingston

5:15 pm Sat. Night Young & Sober

O • D • W

St. James Anglican Church
10 Union St. (at Barrie), Kingston

SATURDAY (continued)

6:30 pm Sat. Night Live Meeting

O • S

Detox Centre, 240 Brock St.

8:00 pm New Beginnings

O • D

St. Paul's Anglican Church
137 Queen St., Kingston, (Basement Entrance)

ONLINE MEETINGS

MONDAY

7:00 pm JOURNEY THROUGH RECOVERY
Secular, Open Discussion

7:30 pm ALCOHOLICS GET TOGETHER
Open Discussion

WEDNESDAY

7:00 pm WHATEVER WORKS
Secular, Open Discussion

8:00 pm BROADER PATH
Secular, Open Discussion

FRIDAY

12:00 pm BEYOND BELIEF
Secular, Open Discussion

7:30 pm NEW LIFE GROUP
Closed Discussion

SUNDAY

10:00 am VERONA BREAKFAST GROUP
Open Discussion

7:00 pm SUNDAY NIGHT STEP MEETING
Closed Discussion

Open link for
online meeting
information



Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.



MEETING CODES:

O: Open to everyone

C: Closed (for people with a desire to stop drinking or who think they may have a problem with alcohol)

BB: Big Book

DR: Daily Reflections

S: Speaker

D: Discussion

W: Wheelchair accessible

SF: Scent-free

Sec: Secular

H: Hybrid

District 36 Kingston & the Islands Alcoholics Anonymous Meeting List Updated September 2026



If you want to drink,
that's your business.
If you want to stop,
we can help.

To contact AA Kingston call:
613-900-6285
www.kingstonaa.org