

## IN PERSON MEETINGS

### SUNDAY

#### 10:00 am Verona Breakfast Group

O • D

MOM Restaurant, 6775 Road 38,  
Verona (door on north side of building)

#### 10:00 am Storrington Sunday Group

O • D

Storrington Lion's Club, 2992 Princess  
Rd, Inverary (corner at Battersea Rd)

#### 10:30 am Sunday Morning Group

O • S • H

The Spire (William St. entrance)  
82 Sydenham St., Kingston

#### 7:00 pm West End Group

O • D • W

Crossroads United Church, 690  
Sir John A. Macdonald Blvd., Kingston

### MONDAY

#### 9:30 am Good Morning Group

O • D • DR

St. Paul's Anglican Church  
137 Queen St., Kingston, (Basement)

#### 5:15 pm As Bill Sees It

C • D • W

St. James Anglican Church  
10 Union St. (at Barrie), Kingston

#### 7:00 pm North End Group

O • D • W • SF

Rectoral Behind Holy Family Parish  
130 Wylie St., Kingston

#### 7:00 pm Odessa Group

O • D

Emmanuel United Church  
63 Factory St., Odessa

#### 7:30 pm Get Well Group

C • D • BB • W

St. Mark's Lutheran Church  
263 Victoria St., Kingston

### TUESDAY

#### 9:30 am Good Morning Group

O • D

St. Paul's Anglican Church  
137 Queen St., Kingston, (Basement)

#### 7:00 pm Tuesday Night Tune-Up

C • D

Harrowsmith Free Methodist Church  
3876 Harrowsmith Rd., Harrowsmith

#### 7:00 pm Design for Living

C • D • BB • W

Chalmers United Church  
211 Barrie St., Kingston  
(Main entrance off Clergy St.,  
Earl St. entrance is wheelchair accessible)

#### 7:00 pm Frontenac Group

O • S • W

The Spire, 82 Sydenham St.,  
Kingston (William St. Entrance)

### WEDNESDAY

#### 9:30 am Second Chance Group

O • D • BB

St. Paul's Anglican Church  
137 Queen St., Kingston, (Basement Entrance)

#### 12:00 The Nooner Group

C • D

St. Paul's Anglican Church  
137 Queen St., Kingston, (Basement Entrance)

#### 6:30 pm Twelve Step Group for Women

O • D

Crossroads United Church  
690 Sir John A. Macdonald Blvd., Kingston

#### 7:00 pm Last Call Group

C • D • DR • W

Bethel Church  
314 Johnson St. (near Barrie), Kingston

#### 7:30 pm Enterprise 12 & 12

C • D

664 Church Rd Enterprise

#### 7:30 pm West End Annex Meeting

C • D • W

Edith Rankin United Church  
4080 Bath Rd., Kingston (Enter at back of church)

### THURSDAY

#### 5:15 pm Emotional Sobriety

C • D • SF

Kingston Unitarian Fellowship  
244 McMahon Ave., Kingston

#### 9:30 am Good Morning Group

O • D • BB

St. Paul's Anglican Church  
137 Queen St., Kingston, (Basement Entrance)

#### 7:00 pm Thursday Night Big Book

C • D • W • SF • BB

Kingston Standard Church  
1185 Sunnyside Rd., Kingston

#### 7:00 pm 1000 Islands Back to Basics

C • D • BB

St. Andrew's Presbyterian Church  
175 Stone St. S., Gananoque  
O • S - Last Thurs. of the month

#### 7:00 pm Amherstview Loyalty Group

C • D • W

St. Peter's Anglican Church  
4333 Bath Rd., Amherstview

### FRIDAY

#### 9:30 am Friday Morning Meeting

O • D

St. Paul's Anglican Church  
137 Queen St., Kingston, (Basement Entrance)

#### 10:00 am Fourth Dimension Men's Meeting

C • D • BB

St. Andrew's-by-the-Lake Church  
1 Redden St., Kingston

#### 7:30 pm New Life Group

C • D

St. Andrew's-by-the-Lake Church  
1 Redden St., Kingston

#### 8:00 pm Kingston Young People

O • S • W • H • SF

The Spire, 82 Sydenham St., Kingston  
(William Street Entrance)

### SATURDAY

#### 9:30 am Good Morning Group

O • D

St. Paul's Anglican Church  
137 Queen St., Kingston, (Basement Entrance)

#### 10:30 am Step Stop Group

C • D • W • H

Kingston Standard Church  
1185 Sunnyside Rd., Kingston

#### 5:15 pm Sat. Night Young & Sober

O • D • W

St. James Anglican Church  
10 Union St. (at Barrie), Kingston

#### 6:30 pm Sat. Night Live Meeting

O • S

Detox Centre, 240 Brock St.

#### 8:00 pm New Beginnings

O • D

St. Paul's Anglican Church  
137 Queen St., Kingston, (Basement Entrance)

## ONLINE MEETINGS

### MONDAY

7:00 pm JOURNEY THROUGH RECOVERY  
Secular, Open Discussion

7:30 pm ALCOHOLICS GET TOGETHER  
Open Discussion

### WEDNESDAY

7:00 pm WHATEVER WORKS  
Secular, Open Discussion

8:00 pm BROADER PATH  
Secular, Open Discussion

### THURSDAY

7:00 am TRUDGERS MEDITATION  
MEETING  
Closed Discussion

### FRIDAY

12:00 pm BEYOND BELIEF  
Secular, Open Discussion

7:30 pm NEW LIFE GROUP  
Closed Discussion

### SUNDAY

10:00 am VERONA BREAKFAST GROUP  
Open Discussion

7:00 pm SUNDAY NIGHT STEP MEETING  
Closed Discussion

Open link for  
online meeting  
information



Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.



### MEETING CODES:

**O:** Open to everyone

**C:** Closed (for people with a desire to stop drinking or who think they may have a problem with alcohol)

**BB:** Big Book

**DR:** Daily Reflections

**S:** Speaker

**D:** Discussion

**W:** Wheelchair accessible

**SF:** Scent-free

**Sec:** Secular

**H:** Hybrid

## District 36 Kingston & the Islands Alcoholics Anonymous Meeting List January 2026



Kingston & Area Alcoholics Anonymous  
Ontario Canada. District 36 Area 83

If you want to drink,  
that's your business.  
If you want to stop,  
we can help.

To contact AA Kingston call:  
**613-900-6285**  
[www.kingstonaa.org](http://www.kingstonaa.org)